





September 2019



Sacred Heart

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labor Day No School	3 Corn Dog Curley Fries Fruit	4 	5 Chicken Tenders Mashed Potato Vegetable	6 Meatball Sub Chips Fruit	7
8	9 French Toast Sausage Links Fruit	10 BBQ Chix Sandwich Lettuce & Tomato Chips	11 	12 Chicken Nuggets French Fries Vegetable	13 Cheeseburger French Fries Fruit	14
15	16 Hot Dog Chips Fruit	17 Beef Tacos Yellow Rice Salsa / Shredded Lettuce	18 	19 Chicken Tenders Mashed Potato Vegetable	20 Spaghetti with meatballs Salad	21
22	23 Homemade Pepperoni (or cheese) PIZZA	24 Cheeseburger French Fries Fruit	25 	26 Chicken Nuggets French Fries Vegetable	27 NOON DISMISSAL NO LUNCH	28
29	30 Chicken Parm Spaghetti Salad					