

August 2019

JW FOODS

Sacred Heart

SUNDAY

MONDAY

TUESDAY

WEDNESDAY




THURSDAY

FRIDAY

SATURDAY



Welcome back!

11	12 Hot Dog Chips Fruit NO VPK	13 Pancakes Sausage Links NO VPK	14  PIZZA	15 Chicken Nuggets Mashed Potato Green Beans	16 Spaghetti with meatballs Salad	17
18	19 Homemade Cheese PIZZA	20 Beef Tacos Yellow Rice Salsa / Shredded Lettuce	21  PIZZA	22 Chicken Nuggets French Fries Green Beans	23 BBQ Chix Sandwich Lettuce & Tomato Chips	24
25	26 Chicken Parm Spaghetti Salad	27 Cheeseburger French Fries	28  PIZZA	29 Chicken Nuggets Mashed Potato Vegetable	30 Waffles Sausage Links	31